



**WESTVILLE BOYS'  
HIGH SCHOOL**

Westville Boys' High School is currently seeking a Strength & Conditioning Coach **on a part time basis**.

**REQUIREMENTS:**

- Ability to work successfully with teenage boys
- Minimum of 2 years' experience working in functional gyms is essential
- Background in Rugby specific training is essential
- A relevant industry specific qualification
- Planning and organisational skills
- Ability to work flexible hours during the week and on Saturdays
- Commitment to a healthy lifestyle
- Respect for and a willingness to participate in the history, traditions, and ethos of Westville Boys' High
- Police clearance

**JOB DESCRIPTION:**

- Plan, organise and execute sports specific conditioning programmes
- Answerable to the Director of Sport, Head of Strength & Conditioning, and the Director of Rugby in the execution of their duties.
- Act as a mentor to learners
- Assist with implementing the ethos and values of the school
- Manage the behaviour, dress code, sportsmanship, and punctuality of players

**COMPETENCIES:**

- Professionalism and strong moral codes
- Ability to motivate learners
- Energy and passion
- Excellent inter-personal skills
- Outstanding coaching and mentoring abilities
- Ability to work under pressure
- Understanding of fitness and training protocols
- Strong communication skills
- High EQ

CV and supporting documents must be submitted by e-mail to [vacancy@wbhs.co.za](mailto:vacancy@wbhs.co.za).  
Please include in your covering letter your availability on a part time basis.

Closing date: Wednesday, 4<sup>th</sup> December 2024 at 9am

Only shortlisted candidates will be contacted.

The School reserves the right not to make an appointment.